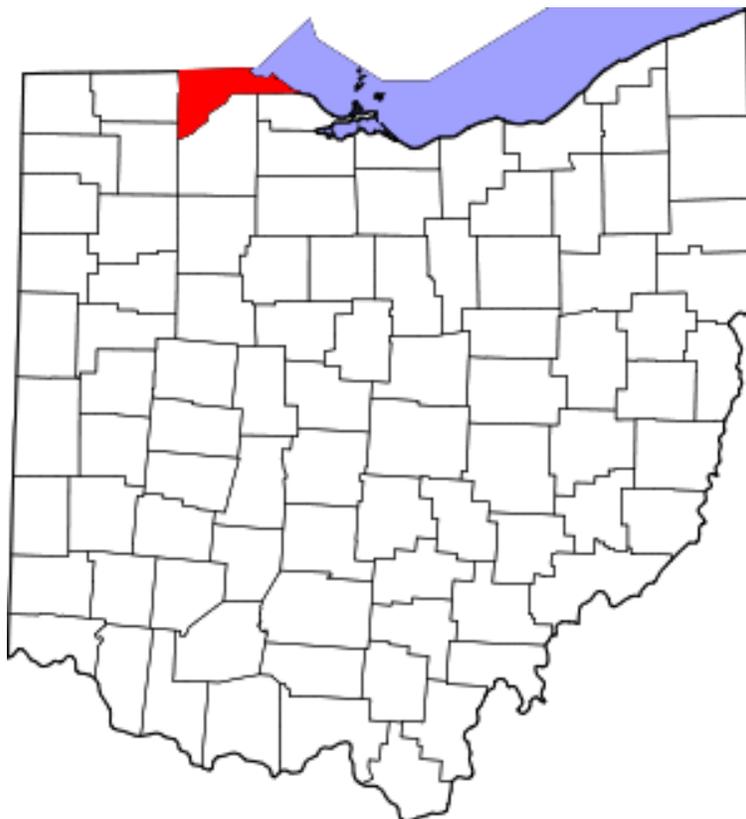


# Lucas County

## Community Resource Guide



Resources assembled by:



PHYSICIAN PARTNERS

2022

Available at <http://www.mclaren.org/mclaren-physician-partners/resources.aspx>

2022

Lucas  
County  
Community  
Resource  
Guide

[ A guide to services in your community]

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## Adult Foster Care

Glenn Adult Foster Care	(855) 221-7955
Liberty West Nursing Center	(419) 243-5191
Morris Group Home	(419) 531-0683
Senior Advice	(800) 334-9427
Theresa-Foster Johnson	(855) 240-2530

## Alzheimer's & Dementia Support

Alzheimer's Association	(800) 272-3900
National Hotline	
Alzheimer's Association Maumee	(419) 537-1999
Area Office on Aging	(419) 382-0624
Arista Home Care Solutions	(419) 754-1897
Foundation Park Alzheimer's Care Center	(419) 385-3958
Home Instead	(419) 472-8181
MemoryLane Care Services	(419) 720-4940
Parkcliffe Alzheimer's Community	(419) 381-9447
Parkcliffe Community at Northwood	(419) 698-3822
Senior Helpers	(419) 326-8599
Sunshine Creating Community Maumee	(419) 865-0251
Visiting Angels	(419) 517-7000

## Assisted Living

Alpine House of Toledo	(866) 468-7302
Charter Senior Living of Oak Openings	(419) 520-7730
Concord Care Center of Toledo	(419) 385-6616
Elizabeth Scott Community	(419) 856-3002
Englewood Senior Housing	(419) 244-3938
Henderson House	(419) 865-1008
Housing & Community Services	(419) 724-1525
Kingston Residence of Sylvania	(419) 318-1330
Landings of Oregon	(567) 907-0144
Luther Ridge	(419) 698-8933
Merit House Senior Community	(419) 478-5131
Neco	(419) 389-1101
Oakleaf Village of Sylvania	(419) 885-3934
Ohio Living Swan Creek	(419) 865-4445
Parkcliffe Alzheimer's Community	(419) 381-9447

## ABUSE & PROTECTIVE SERVICES

### **FOR EMERGENCY SERVICES CALL 911**

Adult Protective Services	(855) 644-6277
Child Protective Services	(419) 213-2273
LGBT Hotline	(888) 843-4564
Love is Respect Hotline	(866) 331-9474
Narcotics Anonymous 24/7	(866) 475-3604
National Domestic & Sexual Violence Helpline	(800) 799-7233
National Domestic Violence Helpline	(800) 799-7233
National Human Trafficking Resource Center	(888) 373-7888
RAINN (Rape & Incest National Network)	(800) 656-4673
Stop it Now! Hotline	(888) 773-8368
National Suicide Prevention	(800) 273-8255

## ADULT AGING SERVICES

Area Office on Aging	(419) 382-0624
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### Adult Day Services

Absolute Creative Living, LLC	(419) 885-2102
Comfort Keepers	(419) 535-7777
Living Stream Inc	(419) 720-4381
Medicare	(800) 633-4227
MemoryLane Care Services	(419) 720-4940
Neco	(419) 389-1101
Preston Homes	(419) 531-1200
Senior Care	(866) 333-6002
Social Security Administration	(800) 274-5429
Sunshine Creating Community Maumee	(419) 865-0251
Wiley Residential & Day Services	(567) 686-1130

Shining Star Residential Services	(419) 318-0932
Sunset House	(419) 536-4645
Sunrise Senior Care, Ltd	(419) 729-8177
The Glendale Assisted Living	(419) 389-0800
The Lakes of Monclova	(567) 297-1690
The Lakes of Sylvania	(567) 297-2672
Toledo Healthcare	(419) 243-5191
Traditions at West Park Place	(419) 531-9211

Richfield	(419) 829-2781
Spencer	(419) 865-2883
Springfield	(419) 865-0239
Swanton	(419) 826-9730
Sylvania	(419) 885-5276
Washington	(419) 726-6621
Waterville	(419) 878-5176
Villages:	
Berkey	(419) 829-3810
Ottawa Hills	(419) 536-1111
Swanton	(419) 826-9515
Whitehouse	(419) 877-5383

## **ANIMAL SUPPORT**

Toledo Humane Society – Maumee	(419) 891-0705
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### **Animal Shelters**

Humane Ohio	(419) 266-5607
Lucas Co. Canine Care & Control	(419) 213-2800
Maumee Valley Save-A-Pet	(419) 537-9663
Paws & Whiskers Cat Shelter	(419) 536-1914
PET Bull Project	(419) 704-2216
Planned Pethood	(419) 826-3499
Toledo Animal Rescue	(419) 382-1130

## **COUNTY & CITY RESOURCES**

Administration	(419) 213-2860
Building Regulations	(419) 213-2990
Clerk of Courts	(419) 213-4484
Drain Commissioner	(419) 213-2860
Emergency Management	(419) 213-6503
Recorder's Office	(419) 213-4400
Toledo Building Permits	(419) 245-1220
Toledo-Lucas Co. Health Dept.	(419) 213-4100
Treasurer's Office	(419) 213-4305
Cities:	
Maumee	(419) 897-7115
Oregon	(419) 698-7047
Sylvania	(419) 885-8931
Toledo	(419) 245-1800
Waterville	(419) 878-8100
Townships:	
Harding	(419) 826-5313
Jerusalem	(419) 836-8921
Monclova	(419) 865-7862
Providence	(419) 875-6531

### **Courts**

Adult Probation	(419) 213-6100
Clerk of the Court of Common Pleas	(419) 213-4484
Clerk of Courts	(419) 213-2400
Clerk of Courts Title Office	(419) 213-8844
Court of Appeals	(419) 213-4755
Court Services Office	(419) 213-6100
Domestic Relation	(419) 213-6850
Juvenile Justice Center	(419) 213-6722
Probate Court	(419) 213-4775
Prosecuting Attorney	(419) 213-6951
Toledo Municipal Court	(419) 936-3650
Toledo's Prosecutor's Office	(419) 245-1975

### **Law Enforcement**

Oregon Police Department	(419) 698-7064
Sheriff's Office	(419) 213-4960
Toledo Lucas County Police	(419) 266-9297
Toledo Police Department	(419) 245-3340
University of Toledo Police	(419) 530-2600
Village of Holland Police	(419) 865-7105
Washington Twp Police	(419) 726-0478

### **Civic Organizations**

American Red Cross	(419) 329-2900
Children Services	(419) 213-3200
Community Residential Services	(419) 255-5200
Feed Lucas Co. Children Inc.	(419) 259-9960
Keep Toledo/Lucas Co. Beautiful	(419) 213-2255
Land Bank	(419) 213-4293
Rotary Club of Toledo	(419) 241-7060
The Fair Housing Center	(419) 243-6163

United Way of Greater Toledo (419) 248-2424  
Wernert's Corners Civic Assoc. (419) 867-3594

## **DISABILITY & SPECIAL NEEDS**

### **RESOURCES**

Children's Special Healthcare Services (800) 359-3722  
Dental Lifeline Network (303) 534-5360  
Disability Services (419) 213-JOBS  
Medicare/Medicaid Assistance (800) 803-7174  
Muscular Dystrophy Association (800) 572-1717  
Opportunities for Ohioans with Disabilities (800) 282-4536  
Paralyzed Veterans of America (800) 638-6782  
Relay Center for Deaf/Hard of Hearing 7-11  
Social Security Administration (800) 772-1213  
The Family Center for Children and Youth with Special Healthcare Needs (800) 359-3722

## **EDUCATION & TRAINING**

American Red Cross (800) 733-2767

### **Adult Programs**

Ohio Dept. of Higher Education (614) 466-6000  
Penta Aspire ESOL – Sylvania (419) 824-8539  
Toledo Public School Adult Education Center (419) 671-8700

### **Childcare Centers & Preschools**

All 4 Kids, LLC (419) 866-5437  
All 4 You Child Development Center (419) 973-3198  
Carebare Childcare, LLC (419) 913-2223  
Childcare Adventures Early Learning (419) 385-5880  
Children's Discovery Center (419) 878-8689  
Educare Academy (419) 704-2009  
First St John Dayschool (419) 691-6480  
Gan Yeldaim Preschool (419) 724-0402

Hand in Hand Child Care Center (419) 893-0623  
Highland Extended Time (ET) (419) 824-8500  
Hillview Extended Time (419) 885-2451  
Hope Nursery School & Child Care (419) 877-0091  
Kidsville Childcare & Learning (419) 450-5323  
Let's Be Friends Nursery School (419) 893-3476  
Little Learners Discovery Center (419) 829-0892  
Little Scholars Academy (419) 794-0199  
Little Sprouts Academy, LLC (419) 754-1057  
Little Village Preschool (419) 887-1685  
Love 'N Learn Educational (419) 474-4440  
Lucas Co. Dept. of Job & Family Services (419) 213-8999  
Maplewood E.T. (419) 885-2451  
Maumee KinderCare (419) 893-8206  
Mom's House (419) 241-5554  
Monclova Christian Preschool (419) 866-0773  
NCCS Early Childhood Education (419) 478-9900  
Nourish Early Learning (419) 206-2096  
Olivet Christian Nursery School (419) 882-4616  
Over the Rainbow Early Learning (419) 882-0734  
Prince of Peace Christian Preschool (419) 693-8661  
Small Beginnings Christian Preschool (419) 893-8773  
Something Special Learning Center (419) 878-4190  
St. Joseph (419) 893-3304  
St. Paul's Elizabeth Wayne Preschool (419) 893-3381  
Sunbeam Christian Preschool (567) 246-9892  
Sylvania KinderCare (419) 824-5437  
Sylvania Stepping Stones Preschool (419) 885-8103  
Sylvania YMCA Child Development (419) 724-0440  
Taylor Learning Center, LLC (419) 360-1960  
The Babes & Sucklings Child Care (419) 720-4321

The Little Mouse Preschool, LLC	(419) 882-2150
Thrive Childcare	(419) 691-6313
Toledo Independent Child Care	(419) 944-6188
Toledo Islamic Academy	(419) 882-3339
Union School	(419) 874-9131
Waterville Primary School	(419) 245-4150
Woodrow Child Care Center	(419) 517-1367
Wynn Center School	(419) 627-3900
YMCA Child Care at Starr	(419) 691-3523
YMCA Child Development Center at St. Charles (419) 696-7560	(419) 696-7560
YMCA/JCC Child Development	(419) 474-3995
YWCA Child Care Resource/Referral	(419) 255-5519
Zion Christian Preschool	(419) 878-3026

### College & Career Centers

Career Connections	(419) 475-4449
Career Staffing	(419) 725-6400
Davis College	(419) 473-2700
Educational Service Center of Lake Erie West	(419) 245-4150
Global Tech College	(567) 200-6829
Goodwill Job Connection Center	(419) 214-3123
Harbor Career Connections	(419) 720-1703
Impact Employment Solutions	(419) 726-6799
Judith Herb College of Education	(419) 530-2495
Lincoln College of Technology	(419) 389-4725
Mercy College of Ohio	(419) 251-1313
Ohio Means Jobs	(419) 213-5627
Ross College	(419) 882-3203
Stautzenberger College	(419) 866-0261
University of Toledo	(800) 586-5336
University of Toledo College of Law	(419) 530-4131

### Libraries

Main Library – Toledo Lucas Co. Public Library	(419) 259-5200
Maumee Branch Library	(419) 259-5360
Oregon Branch Library	(419) 259-5250
Reynolds Corners Branch Library	(419) 259-5320

Sylvania Branch Library	(419) 882-2089
Toledo Heights Branch Library	(419) 259-5220
Waterville Branch Library	(419) 878-3055
West Toledo Branch Library	(419) 259-5290

### School Districts

Anthony Wayne	(419) 877-5377
Evergreen	(419) 644-3521
Maumee City	(419) 893-3200
Oregon City	(419) 693-0661
Otsego	(419) 823-4381
Ottawa Hills	(419) 536-6371
Springfield	(419) 867-5600
Swanton	(419) 826-7085
Sylvania City	(419) 824-8501
Toledo	(419) 671-8282
Washington	(419) 473-8220

### Youth Programs

Big Brothers Big Sisters	(419) 243-4600
Gateway Youth Development	(419) 378-9899
Leadership Toledo	(419) 241-7371
National Youth Advocate Program	(567) 289-2273
YMCA of Greater Toledo	(419) 729-8135
Youth Advocate Programs	(419) 255-3880
4-H Youth Development	(419) 213-4254

## EMERGENCY & DISASTER SERVICES

### **Ambulance, Fire and Police**

**911**

### Law Enforcement

Oregon Police Department	(419) 698-7064
Sheriff's Office	(419) 213-4960
Toledo Lucas County Police	(419) 266-9297
Toledo Police Department	(419) 245-3340
University of Toledo Police	(419) 530-2600
Village of Holland Police	(419) 865-7105
Washington Twp Police	(419) 726-0478

## EMPLOYMENT ASSISTANCE

Lucas County Disability Services	(419) 213-JOBS
OhioMHAS	(877) 275-6364

Opportunities for Ohioans with Disabilities (800) 282-4536  
 Unemployment Office Hotline (866) 500-0017

**FINANCIAL ASSISTANCE**

My Free Taxes [www.myfreetaxes.com](http://www.myfreetaxes.com)

**Tax Assistance**

All Pro Tax & Accounting Services (419) 269-1535  
 Beard Thomas (419) 878-3300  
 Broadway Tax Services (419) 241-6611  
 Citizen Tax Service (419) 698-5185  
 H&R Block (419) 535-6611  
 Jackson Hewitt Tax Service (419) 891-0300  
 Kanpp & Associates (419) 725-6124  
 Padgett Business Services (419) 963-3343  
 Personal Tax Services (419) 475-2110  
 Rocket Tax Service (419) 385-1040  
 Tax Assistance Group – Toledo (567) 424-4510  
 Wagner Tax Service (419) 704-9031

**FITNESS, RECREATION & REHABILITATION**

Wildwood Preserve Metropark (419) 407-9700

**Parks & Recreation**

Glass City Dog Park (567) 307-0703  
 International Park (419) 936-2875  
 Middlegrounds Metropark (419) 407-9700  
 Oak Openings Preserve Metropark (419) 407-9700  
 Ottawa & Jermain Parks (419) 936-2875  
 Secor Metropark (419) 407-9700  
 Side Cut Metropark (419) 407-9700  
 Swan Creek Preserve Metropark (419) 407-9700  
 Trilby Park (419) 472-2077  
 Walbridge Park Inc (419) 460-5092

**FOOD PANTRIES, CLOTHING & HOUSEHOLD ASSISTANCE**

Anthony Wayne Community Food Ministry (844) 690-0780  
 Augsburg Lutheran Church (419) 478-2374  
 Aurora Project (419) 244-3290  
 Bethlehem Baptist Church (419) 241-9360  
 Cherry Street Mission Ministries (419) 242-5141  
 Church Women United Thrift Shop (419) 865-2300  
 Crossroads Financial Opportunity Center (419) 4753258  
 Equitas Health AIDS Resource Center (mortgage and rent) (419) 241-9444 Ext 402  
 Emmanuel Baptist Church (419) 473-3280  
 Epiphany Lutheran Church (419) 536-5986  
 Faith Lutheran Church (food and personal needs pantry) (419) 385-7459  
 First Apostolic Church of Toledo (419) 885-4888  
 Friendly Center (emergency food & hygiene pantry) (419) 243-1289  
 Friendship New Vision (419) 534-5437  
 Food for Thought Toledo (419) 972-0022  
 FOP 40 Charities (419) 578-7800  
 Helping Hands of St. Louis Church (419) 691-0613  
 Historic Church of St. Patrick (419) 243-6452  
 Immaculate Conception Parish (419) 243-1829  
 Living Faith United Methodist Church (419) 865-3943  
 Lutheran Social Services of NOW (419) 243-9178  
 Martin Luther King Kitchen for the Poor (419)241-2596  
 Monroe Street Neighborhood Center (419) 473-1167  
 Mustard Seed Outreach Ministries (419) 727-1800  
 National Multiple Sclerosis Society (rent) (800) 344-4867 Ext 1  
 Nightingales Harvest (419) 725-1190  
 Olivet Lutheran Church (419) 882-2077  
 Ovarian Cancer Connection (rent) (419) 866-6622  
 Pilgrim Church (419) 478-6012  
 Providence Center for Social and Economic Empowerment (419) 244-0666

Providence Lutheran Church	(419) 865-4548
Redeemer Lutheran Church	(419) 536-3781
Salem Lutheran	(419) 243-2345
Salvation Army (rent and food)	(419) 241-3549
Society of St. Vincent de Paul (rent)	(419) 531-5268
Southside Life Station	(419) 242-3340
St. Francis DeSales Chapel	(419) 243-4242
St. John The Baptist Church (rent)	(419) 726-2034
St. Lucas Lutheran Church	(419) 724-5280
St. Martin de Porres Church (rent)	(419) 241-4544
St. Paul's Community Center (community lunch)	(419) 255-5520
St. Paul's Lutheran Church Downtown Toledo	(419)243-4214
St. Pius X Parish (rent)	(419) 535-7672
Sylvania Area Family Services	(419) 882-8415
Toledo Gospel Rescue Mission	(419) 242-6642
Toledo Northwestern Ohio Food Bank	(419) 242-5000
Trinity Faith Outreach Center	(419) 340-6253
Veterans Service Commission	(419) 213-6090
Vision Ministries	(419) 242-0140
Wesley United Methodist Church	(419) 726-4160

## **HEALTHCARE SERVICES**

Centers for Disease Control	(800) 232-4636
Medicare/Medicaid Assistance Program	(800) 633-4227
Toledo-Lucas County Health Department	(419) 213-4100

### **Clinics & Hospitals**

Apria Healthcare	(419) 471-1919
Fresenius Medical Care at Mercy St. Charles Hospital	(419) 696-7200
McLaren St. Luke's Hospital	(419) 893-5911
Mercy Health – Children's Hospital	(419) 251-3232
Mercy Health – Children's Hospital Pediatric Therapy	(419) 251-1121

Mercy Health – Children's Hospital Specialty Clinic	(419) 251-8030
Mercy Health – St. Anne Hospital	(419) 407-2663
Mercy Health – St. Charles Hospital	(419) 696-7200
Mercy Health – St. Vincent Outpatient	(419) 251-4261
Neighborhood Health Association	(419) 720-7883
Northwest Ohio Hospital	(419) 381-1881
ProMedica Bay Park Hospital	(419) 690-7900
ProMedica Russell J. Ebeid Children's Hospital	(419) 291-4000
ProMedica Toledo Hospital	(419) 291-4000
ProMedica Total rehab – Flower Hospital	(419) 824-1968
ProMedica Wildwood Orthopedic and Spine Hospital	(419) 578-7700
ProMedica Wound Care Center Toledo	(419) 473-6633
Rehabilitation Hospital of Northwest Ohio	(419) 214-6600
The Toledo Clinic	(419) 473-3561
The University of Toledo Medical Center	(419) 383-4000
Toledo VA Outpatient Clinic	(419) 259-2000
Toledo Vet Center	(419) 213-7533
University of Toledo Main Campus Medical Center	(419) 530-3455
University of Toledo Medical Center	(419) 383-4000
Western Lucas County Clinic	(419) 213-6250

### **Dental Resources**

Alexis Road Family Dental	(419) 471-1208
Dental Center of NW Ohio	(419) 241-6215
Dental Group West	(419) 539-2168
DentalWorks Secor Square	(419) 534-3005
Great Smiles Family Dentistry	(419) 960-4490
Hires Dental Care	(419) 475-6673

Jon Frankel Dentistry (419) 474-9611  
 Neighborhood Health Association (419) 720-7883  
 Secor Dental Plaza Quality Dentures (419) 474-3411  
 Toledo Dental Arts (419) 537-5000  
 Toledo-Lucas County Health Department (419) 213-4100

### Hearing Assistance

Audiology Associates (419) 842-0664  
 Beltone Hearing Aid Center (419) 471-0906  
 Connect Hearing (419) 882-5950  
 Great Lakes Audiology (419) 327-2273  
 Hear-Rite Hearing Center (419) 517-7794  
 Hyman Hearing & Speech Center (419) 865-7500  
 Kenwood Hearing Center (419) 464-9265  
 Lucas County Disability Services (419) 213-JOBS  
 Lucid Hearing Center (419) 866-2051  
 Miracle-Ear Hearing Aid Center (419) 742-4560  
 Northwest Ohio Hearing Clinic (419) 873-4327  
 OhioMHAS (877) 275-6364  
 Oregon Hearing Center (419) 690-8267  
 Pratt Hearing Aids (419) 382-7427  
 Relay Center for Deaf/Hard of Hearing 711  
 Starkey Hearing Foundation (800) 328-8602

### Medical Equipment & Loan Closets

Apria Healthcare (419) 471-1919  
 C&M Medical Supply (419) 872-0033  
 Muscular Dystrophy Association (800) 572-1717  
 Northwest Ohio Medical Equipment (800) 490-2490  
 Paralyzed Veterans of America (248) 476-9000  
 ProMedica Home Medical Equipment (419) 382-3472  
 Ryan Pharmacy & Orthopedic Supply (419) 531-2836  
 The National Federation of the Blind (410) 659-9314

### Mental Health & Counseling Services

National Domestic Violence Hotline (800) 799-7233  
 National Suicide Prevention Hotline (800) 273-8255  
 Problem Gambling Helpline (800) 589-9966  
 Rescue Mental Health & Addiction Services (419) 255-9585  
 Toledo Counseling & Mental Health (419) 318-8533  
 Toledo VA Outpatient Clinic (419) 259-2000  
 Toledo Vet Center (419) 213-7533  
 Unison Behavioral Health Group (419) 693-0631  
 Vets for Warriors (855) 838-8255

### Substance Abuse

BrightView Toledo Addiction treatment Center (833) 510-HELP  
 CDC Hotline (833) 510-4357  
 Chemical Dependency Treatment Services – Toledo (800) 232-4636  
 Court Diagnostic and Treatment Center (419) 536-4000  
 Midwest Detox Center (419) 244-8624  
 Narcotics Anonymous (NA) Hotline (833) 625-0271  
 National Council on Alcoholism and Drug Dependence (NCADD) (877) 338-1188  
 National Council on Alcoholism and Drug Dependence (NCADD) (800)622-2255  
 SEMCA (Substance Abuse) (800) 622-2255  
 Substance Abuse Hotline (800) 686-6543  
 Substance Use Treatment Services-24-hours, 7-days-referral to treatment (800) 662-4357  
 Toledo Vet Center (800) 834-3393  
 Toledo Vet Center (419) 213-7533

### Urgent Care

Northwest Ohio Urgent Care, Inc-Maumee (419) 891-0525  
 Northwest Ohio Urgent Care, Inc-Toledo (419) 726-6500  
 ProMedica Urgent Care (567) 585-0210  
 St. Lukes Urgent Care (519) 893-5968

### Vision Providers

American Council of the Blind (800) 424-8666  
 Eye Care America www.eyecareamerica.org

Prevent Blindness (419) 327-2020  
 Ohio (800) 301-2020  
 Sight Center of NW (800) 624-8378  
 Ohio (419) 720-3937  
 Vision USA (800) 766-4466  
 VSP Sight for Students [www.sightforstudents.org](http://www.sightforstudents.org)

## **HOUSING ASSISTANCE**

Cherry Street Mission Toledo (419) 214-3007

### **Emergency Shelters & Warming Centers**

Beach House Family Shelter (419) 241-9277  
 Family House – Family Shelter and Services (419) 242-5505  
 La Posada Family Emergency Shelter (419) 244-5931  
 Mayores Senior Center (419) 242-1142  
 Oregon Senior Center (419) 698-0778  
 Rebekah’s Haven (419) 243-0403  
 St. Paul’s Community Center (419) 255-5520  
 The Sparrow’s Nest (419) 321-1835  
 Toledo Gospel Rescue Mission (419) 242-6642  
 University Church (419) 534-3080  
 United Way 2-1-1 Dial 2-1-1 (419) 246-4636

### **Heating/Utility Assistance & Home Repairs/Weatherization**

AIDS Resource Center Ohio (419) 241-9444 ext 413  
 Columbia Gas Warm Choice/Ground Level Solutions (800) 537-8210  
 HEAP & PIPP Plus (800) 282-0880 (800) 447-3333  
 Little Flower Parish (419) 531-5268  
 Lucas Co. Dept. of Job & Family Services (419) 213-8999  
 Lucas County Veterans Service Commission (419) 213-6090  
 Mustard Seed Outreach Ministries (419) 727-1800  
 National Multiple Sclerosis Society (800) 344-486 Ext 1  
 Neighborhood Housing Services of Toledo (419) 691-2900  
 Pathway (419) 242-7304 Ext 11

Salvation Army NWO (419) 241-3549  
 St. John The Baptist Church (419) 241-4581  
 St. Pius X Parish (419) 535-7672  
 The Heat and Warmth Fund (800) 866-8429  
 Toledo Edison (800) 447-3333

### **Low Income Housing**

Teamsters Residents (419) 865-1640  
 USDA Rural Development/ Findley Service Center (419) 422-5438

## **LEGAL ASSISTANCE**

Advocates for Basic Legal Equality, Inc. (ABLE) (419) 255-0814  
 Advocacy & Protective Services of NW Ohio (419) 389-4715  
 Children’s Rights (419) 473-8955  
 Council of NW Ohio Court Appointed Special Advocates for Children (CASA) (419) 213-6753  
 Disability Rights Ohio (800) 282-9181  
 Legal Aid of Western Ohio (419) 724-0030  
 Ohio Legal Help (614) 285-6710 [info@ohiolegalhelp.org](mailto:info@ohiolegalhelp.org)  
 Toledo Bar Association: Pro Bono Legal Services Program (419) 242-9363  
 Pro Seniors Legal Helpline (800) 488-6070

## **PARENTING/PREGNANCY RESOURCES**

24-Hour Crisis Line (800) 275-1995  
 Child Care Resources Lucas Co. Dept. of Job & Family Services (419) 213-8999 (419) 213-8999  
 Mom’s House (419) 241-5554  
 YMCA/JCC Child Development (419) 474-3995  
 YWCA Child Care Resource / Referral (800) 632-3052 (419) 255-5519

### **Wic Sites**

Breastfeeding Office and Support	(419) 213-2124
Cordelia Martin Health Center	(419) 255-7883 x 4 or x 108
River East Community Health Center	(419) 691-1322 x 4
Toledo-Lucas Co. Health Dept	(419) 213-4422
South Side Community Health Center	(419) 241-4230 x 458 & 459
St. Vincent Mercy Family Care Center	(419) 251-2433

## **PRESCRIPTION ASSISTANCE**

Ohio Department of Medicaid (800) 324-8680

### **Pharmacies**

HealthyRX Pharmacy	(419) 777-4566
Kahler Pharmacy	(419) 382-2911
LifeSource Direct	(866) 340-4748

Partnership for Prescription Assistance [www.pparx.org](http://www.pparx.org)

Rite Aid Pharmacy (419) 726-8449

RxAssist [www.rxassist.org](http://www.rxassist.org)

NeedyMeds (800) 503-6897

Elder Prescription Insurance Program (866) 747-5844

Shaffer Pharmacy (419) 473-0891

Toledo Family Pharmacy (419) 470-0700

Walgreens Pharmacy (419) 693-4086

Walmart Pharmacy (419) 536-9259

### **Prescription Assistance Programs**

CVS (419) 843-1622

Target-(\$4/ \$10 generics program) (419) 866-9088

Walgreens (419) 693-4086

Wal-Mart-(\$4/ \$10 generics program) (419) 536-9259

## **SUPPORT GROUPS**

Alcoholics Anonymous - Alcohol Use Disorder Support Groups	(419) 255-5520
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Cocaine Anonymous Support Group (KISS)	(419) 726-4160
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Just Ask for Help – Alcohol Use Support group Toledo	(419) 474-9960
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Just Ask for Help – General Addictions/Substance Use Disorder Support Groups-Toledo	(419) 474-9960
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St. Luke's Hospital - Smoking Addiction Support Groups	(419) 475-4449
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Racing for Recovery Alcohol Use Disorder Support Group	(419) 824-8462
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Harbor Behavioral Health - General Addictions / Substance Use Disorder Support Groups	(419) 475-4449
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Harbor Behavioral Health - Alcohol Use Disorder Support Groups	(419) 475-4449
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Harbor Behavioral Health - Families/Friends of Individuals With an Alcohol Use Disorder Support Groups	(419) 475-4449
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Harbor Behavioral Health - Families/Friends of Individuals With a Drug Use Disorder Support Groups	(419) 475-4449
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## **TRANSPORTATION**

Absolute Creative Living	(419) 885-2102 Ext 101
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Lucas County Veterans Service Commission	(419) 213-6090
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Maumee Seniors	(419) 893-1994
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Neighborhood Health Association of Toledo	(419) 720-7883
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Oregon Senior Citizens' Center, Inc.	(419) 698-7078
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Senior Centers, Inc.	(419) 242-9511
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Social Services For The Arab Community	(419) 902-7732
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St. Luke's Hospital Courtesy Van	(419) 893-5911
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TARTA/TARPS/Call-A-Ride	(419) 243-7433
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Toledo Area Regional Transit Authority	(419) 382-9901
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United Way 2-1-1	(419) 246-4636
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YWCA of Northwest Ohio (419) 241-3235

### **TRIBAL SERVICES**

Ohio Civil Rights Commission (614) 466-5928  
Native American Ministries (513) 621-1817  
Council – Cincinnati (513) 621-1817  
Bureau of Indian Affairs (202) 513-7622

### **VETERANS AFFAIRS**

CHAMPVA Meds by Mail (800) 385-0235  
CHAMPVA (800) 733-8387  
Lucas County Veterans Service (419) 213-6090  
Commission  
Ohio Department of Veterans (614) 644-0898  
Services  
Veterans Administration (800) 827-1000  
Victorious Battle for Veterans (614) 500-3551  
Veteran’s Crisis Line (800) 273-8255  
TEXT 838255

### **VOLUNTEER OPPORTUNITIES**

American Red (419) 329-2900  
Cross Toledo  
Beach House (419) 241-9277  
Family Shelter  
Big Brother Big (419) 243-4600  
Sister  
Catholic Charities (419) 244-5931  
Cherry Street (419) 242-5141  
Mission Ministries  
Claver House Soup (419) 705-3955  
Kitchen  
Food for Thought (419) 972-0022  
Maumee Valley <http://www.mvhabitat.org>  
Habitat for  
Humanity  
SeaGate Food Bank (419) 244-6996  
of Northwest Ohio  
Toledo Humane (419) 891-0705  
Society

# IS IT AN EMERGENCY?

Clinic Name: \_\_\_\_\_ Office Phone: \_\_\_\_\_

AFTER HOURS Phone Number: \_\_\_\_\_

Our Preferred Urgent Care: \_\_\_\_\_

<b><u>Non-Urgent:</u></b>	<b><u>TeleHealth</u></b>	<b><u>Semi-Urgent:</u></b>	<b><u>Urgent:</u></b>
<p>You should make an appointment with your <b><u>Primary Care Physician</u></b></p> <ul style="list-style-type: none"> <li>• Cold/Flu Symptoms</li> <li>• Earaches</li> <li>• Mild Backaches</li> <li>• Mild Sprains</li> <li>• Rashes</li> <li>• Sore Throat/Cough</li> <li>• Toothaches</li> </ul>	<p><b><u>(Virtual Visits) Primary Care via Telehealth</u></b></p> <ul style="list-style-type: none"> <li>• Allergies</li> <li>• Bronchitis</li> <li>• Colds and Flus</li> <li>• COVID Symptoms</li> <li>• Earache</li> <li>• Headache</li> <li>• Hives</li> <li>• Insect Bites</li> <li>• Pink Eye</li> <li>• Rashes</li> <li>• Sinusitis</li> </ul> <p>If your provider does not offer Telehealth visits, consider using the <b><u>McLaren Now App</u></b>  <a href="http://mclaren.org/mclarennow">mclaren.org/mclarennow</a></p>	<p>Needs Medical Care and can wait a few hours. You should contact your <b><u>Primary Care Physician</u></b> and/or go to Urgent Care Facility for treatment</p> <ul style="list-style-type: none"> <li>• Accidents and Falls</li> <li>• Moderate Sprains</li> <li>• Moderate Backaches</li> <li>• Mild Breathing Difficulty (i.e. Asthma)</li> <li>• Minor Cuts with Controlled Bleeding</li> <li>• Eye Irritation/Redness</li> <li>• Cold/Flu Symptoms WITH fever</li> <li>• Vomiting/Diarrhea with Dehydration</li> <li>• Severe Sore Throat or Cough</li> <li>• Minor Broken Bones or Fractures (fingers/toes)</li> <li>• Skin Rashes and Infections</li> <li>• Urinary Tract Infections</li> <li>• Minor Injuries</li> <li>• Minor Burns</li> </ul>	<p>You should go to your nearest Hospital Emergency Department</p> <ul style="list-style-type: none"> <li>• Severe Chest Pain or Difficulty Breathing</li> <li>• Compound Fracture (bone protrudes through skin)</li> <li>• Convulsions/Seizures</li> <li>• Loss of Consciousness</li> <li>• Fever in Newborn (less than 3 months old)</li> <li>• Heavy, Uncontrollable Bleeding</li> <li>• Deep Knife or Gunshot Wounds</li> <li>• Moderate to Severe Burns</li> <li>• Poisoning</li> <li>• Serious Head/Neck or Back Injury</li> <li>• Pregnancy-Related Problems</li> <li>• Severe Abdominal Pain</li> <li>• Signs of Heart Attack (chest pain lasting longer than 2 minutes)</li> <li>• Signs of Stroke (loss of vision, sudden numbness, weakness, slurred speech or confusion)</li> <li>• Suicidal or Homicidal Thoughts/Feelings</li> <li>• Vomiting up Blood</li> </ul>

When in doubt, patients who feel their symptoms require immediate medical attention may choose to go to a hospital emergency department, where medical professionals can determine which level of care is required.